Appendix A:
PAC Delivery Partners and achieved sample for survey and peer research

1: PAC Delivery Partners

Figure 1: This table summarises the PAC Delivery Partners by region, listing the relevant local areas and delivery organisations that comprised each regional team.

PAC Delivery Partner regional team	Local area and delivery organisation(s).
PAC South-west	Bristol – Robins Foundation, supported by EFL in the Community.
	Exeter – Exeter City Community Trust, supported by EFL in the Community.
PAC Yorkshire	Bradford – Bradford City Community Foundation, supported by EFL in the Community.
	Hull – Tigers Trust, supported by EFL in the Community.
PAC North-east	Gateshead – NE Youth.
	Middlesbrough – Youth Focus North East.
PAC Lancashire	Preston, Leyland, Blackburn, Darwen, Hyndburn, Pendle, Burnley, Nelson & Colne – Child Action Northwest, Inclusive North and Blackburn with Darwen Healthy Living.
PAC Birmingham	Birmingham – Bringing Hope.
PAC Wales	Across Wales – Media Academy Cymru (MAC).
PAC London	Mostly in Haringey – The Peace Alliance and The McPin Foundation.

2. PAC survey respondents demographic characteristics

The following tables set out the achieved sample numbers for the PAC survey by region, age, gender and ethnicity.

Responses by region

Figure 2: A summary of the number of survey responses collected in each region.

Region	Number of participants overall	Number of participants with lived experience of violence
PAC South-west	177	70
PAC Yorkshire	231	60
PAC North-east	120	47
PAC Lancashire	297	75
PAC Birmingham	302	123
PAC Wales	63	18
PAC London	320	164
TOTAL	1,510	557

Responses by age

Figure 3: A summary of responses to survey questions around 'Age' and 'How old are you?'. All participants were required to provide their age.

Age range	Number of participants	Percentage of participants
11-12	51	3%
13-15	229	15%
16-18	1230	82%

Responses by gender

Figure 4: A summary of responses to the survey question 'What is your gender?'.

Participants could opt out of providing their gender. In total, 1,293 respondents provided information on their gender, which the percentages in figure four below are based on. Where participants stated they would describe their gender in another way, the definitions they provided include: demifluid, demigirl, genderfluid, intersex, non-binary, queer, and those who indicated they were 'not sure' of their gender.

Gender	Number of participants	Percentage of participants
Male	539	42%
Female	688	53%
Other	66	5%

Responses by race or ethnicity

Figure 5: A summary of responses to the survey question, 'What is your race or ethnicity?'.

Participants could opt out of providing their race or ethnicity. In total, 1,291 participants provided information on their race or ethnicity, summarised by count and percentages in figure five (below). Participants could self-report their race or ethnicity if desired. Where participants stated they would describe their ethnicity in another way, participants either selected the option for 'Any other Ethnic group' or provided definitions including Latin American and Arab.

Race or ethnicity	Number of participants	Percentage of participants
White English, Welsh, Scottish, Northern Irish or British	529	41%
Other White backgrounds	61	5%
All Asian, Asian British or Asian Welsh backgrounds	311	24%
All Black, Black British or Black Welsh African/ Caribbean/ Black British backgrounds	206	16%
All mixed or multiple ethnic groups backgrounds	133	10%
All other backgrounds	51	4%

3. PAC peer research participants demographic characteristics

The following tables set out the achieved sample numbers for the PAC peer research by region, age, gender, ethnicity, disability and care experience.

Number of research participants per region

Figure 6: A summary of the number of research participants, by region and research project.

Region	Number of participants, first research project	Number of participants, second research project	Overall number of participants
PAC South-west	76	88	164
PAC Yorkshire	75	80	155
PAC North-east	58	99	157
PAC Lancashire	75	75	150
PAC Birmingham	82	69	151
PAC Wales	91	75	166
PAC London	75	93	168
TOTAL	532	579	1,111

Responses by age

Figure 7: A summary of the number of research participants by age for each PAC region.

Participants were required to provide their age for consent purposes and determining whether parental/guardian consent was necessary but could opt out of providing their age for research monitoring purposes. The numbers presented in figure seven below are for both research projects for each PAC team combined.

Region	Number of participants aged 10-13	Number of participants aged 14-16	Number of participants aged 17-19	Number of participants aged 20 and over	Number of participants who preferred not to say
PAC South-west	20	52	76	11	5
PAC Yorkshire	28	59	49	17	2
PAC North-east	48	65	20	12	12
PAC Lancashire	40	65	36	0	9
PAC Birmingham	11	70	53	13	4
PAC Wales	11	24	71	47	13
PAC London	24	28	57	2	57
TOTAL	182	363	362	102	102

Responses by gender

Figure 8: A summary of research participants by gender for each PAC region.

The numbers presented in figure 8 below are for both research projects for each PAC team combined.

Region	Number of respondents who identified as Man/Boy	Number of respondents who identified as Woman/Girl	Number of respondents who identified as non-binary or other	Number of respondents who preferred not to say
PAC South-west	76	82	4	2
PAC Yorkshire	86	67	0	2
PAC North-east	70	66	2	19
PAC Lancashire	61	85	3	1
PAC Birmingham	84	58	1	8
PAC Wales	58	69	27	12
PAC London	51	66	1	50
TOTAL	486	493	38	94

Responses by race or ethnicity

Figure 9: A summary of research participants by race or ethnicity for each PAC region.

Participants were asked to provide their data using ONS categories (tool 20b). The numbers presented in figure nine are for both research projects for each PAC team combined.

Region	Asian, Asian British or Asian Welsh	Black, Black British or Black Welsh, African, Caribbean or African	Mixed or multiple ethnic groups	White English, Welsh Scottish, Northern Irish or British	White (Other)	Other ethnic group	Prefer not to say
PAC South-west	6	11	7	126	7	1	6
PAC Yorkshire	36	26	3	76	4	3	7
PAC North-east	0	8	8	117	4	2	18
PAC Lancashire	59	1	2	67	5	2	14
PAC Birmingham	18	71	12	23	7	6	14
PAC Wales	8	11	5	121	4	2	15
PAC London	7	25	19	27	9	5	76
TOTAL	134	153	56	557	40	21	150

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Responses by disability

Figure 10: A summary of research participants by disability status for each PAC region.

Region	Number of respondents with a disability	Number of respondents with no disability	Number of respondents who were unsure	Number of respondents who preferred not to say
PAC South-west	99	56	4	5
PAC Yorkshire	21	124	3	7
PAC North-east	18	94	12	33
PAC Lancashire	28	116	0	6
PAC Birmingham	21	129	0	1
PAC Wales	49	104	1	12
PAC London	18	84	8	58
TOTAL	254	707	28	122

Responses by care experience

Figure 11: A summary of research participants by care experience for each PAC region.

Region	Number of respondents with care experience	Number of respondents without care experience	Number of respondents who were unsure	Number of respondents who preferred not to say
PAC South-west	16	143	1	4
PAC Yorkshire	17	133	0	5
PAC North-east	13	111	16	17
PAC Lancashire	23	97	0	30
PAC Birmingham	25	110	5	11
PAC Wales	13	134	6	13
PAC London	22	78	0	68
TOTAL	129	806	28	148

Appendix B:
Peer research topic areas and methodologies

The table below presents full details of the individual research projects undertaken by the PAC regional teams during 2024 and 2025.

Figure 12: A summary of overall research questions and methodologies, split by PAC team and research project.

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of research topics and methodology
PAC South-west	Bristol – Robins Foundation, supported by EFL in the Community.	Overall research question for their first research project: **How can the environments trusted adults work within be more supportive for young people in building the trusting relationships that are essential for getting young people the support they need to escape from, and avoid getting caught up in, violence?** Methodology: nine interviews and seven focus groups/workshops, using mind maps to help young people engage. Overall research question for their second research project: **What impact do safe spaces have on youth violence?** Methodology: six interviews and eight focus groups/workshops,

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of research topics and methodology
		using mind maps and other techniques to help young people engage.
	Exeter – Exeter City Community Trust, supported by EFL in the Community.	Overall research question for their first research project: **How can the environments trusted adults work within be more supportive for young people in building the trusting relationships that are essential for getting young people the support they need to escape from, and avoid getting caught up in, violence?** Methodology: 12 interviews and three focus groups/workshops. Overall research question for their second research project: **How can the environments in which young people meet and interact with trusted adults be improved to provide better support to reduce youth violence?** Methodology: 12 interviews and 16 focus groups/workshops, using scenario-based exercises to help young people engage.
PAC Yorkshire	Bradford – Bradford City Community Foundation, supported by EFL in the Community.	Overall research question for their first research project: **What are the barriers that prevent young people from accessing positive activities that could protect them from violence?** Methodology: 17 interviews and six focus groups/workshops. Overall research question for their second research project: **How are**

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of research topics and methodology
		drugs affecting young people's lives in Bradford? Methodology: 24 interviews and six focus groups/workshops, using a map of Bradford to help young people engage.
	Hull – Tigers Trust, supported by EFL in the Community.	Overall research question for their first research project: **How can we address the barriers that prevent young people from feeling comfortable, safe and confident to access positive activities in Yorkshire that could protect them from violence?** Methodology: eight interviews and six focus groups/workshops. Overall research question for their second research project: **What do young people want and need from a safe space?** Methodology: one interview and six focus groups/workshops, using post it notes, scenario-based exercises and Jenga to help young people engage.
PAC North-east	Gateshead – NE Youth.	Overall research question for their first research project: **Does access to support services and informal learning have an effect on youth violence in educational settings?** Methodology: 26 interviews and two focus groups/workshops. Overall research question for their second research project: **What do young people view as the root causes of violence affecting young**

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of research topics and methodology
		people in schools, and what can the education system change to tackle these? Methodology: two interviews and five focus groups/workshops, including using scenario-based exercises to help young people engage.
	Middlesbrough – Youth Focus North East.	Overall research question for their first research project: **Does access to support services and informal learning have an effect on youth violence in educational settings?** Methodology: 18 interviews and one focus group/workshop. Overall research question for their second research project: **What do young people view as the root causes of violence affecting young people in schools, and what can the education system change to tackle these?** Methodology: five focus groups/workshops, including using scenario-based exercises to help young people engage.
PAC Lancashire	Preston, Leyland, Blackburn, Darwen, Hyndburn, Pendle, Burnley, Nelson & Colne – Child Action Northwest, Inclusive North and Blackburn with Darwen Healthy Living.	Overall research question for their first research project: **Do all young people get affected by violence and have a voice? And how can young people have a say in how interventions and punishments are decided on?** Methodology: six interviews and nine focus groups/workshops.

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of research topics and methodology
		Overall research question for their second research project: **What can be done to support the mental health of young people affected by challenging behaviour in schools, and what measures would better support young people's voices in shaping school policies/strategies?** Methodology: 10 focus groups/workshops, including the use of Styrofoam bricks to build the culture of the school and help young people engage.
PAC Birmingham	Birmingham – Bringing Hope.	Overall research question for their first research project: **What is the relationship between technology, criminality and youth violence, and what can be done to break this link?** Methodology: 29 interviews and three focus groups/workshops. Overall research question for their second research project: **What is driving youth violence today and what role can social media play in supporting young people away from violence?** Methodology: 17 interviews and eight focus groups/workshops, using interactive methods such as visual prompts and scenario-based exercises.
PAC Wales	Across Wales – Media Academy Cymru (MAC).	Overall research question for their first research project: **How can children and young people who are experiencing or at risk of violence effectively reach out, build**

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of research topics and methodology
		relationships, engage with and be supported by trusted adults to reduce the impact of violence among children and young people in Wales? Methodology: 50 interviews and six focus groups/workshops. Overall research question for their second research project: **What is the impact of trusted adult relationships on the health, wellbeing, and educational outcomes of disengaged young people from care-experienced backgrounds and marginalised groups, and what pathways facilitate these influences?** Methodology: 29 interviews and seven focus groups/workshops.
PAC London	Mostly in Haringey – The Peace Alliance and The McPin Foundation.	Overall research question for their first research project: **How can we best support young people before, during, and after school exclusion?** Methodology: nine focus groups/workshops, using techniques include body mapping to help young people engage. Overall research question for their second research project: **What are the links between mental health and youth violence?** Methodology: seven interviews and 16 focus groups/workshops, using techniques including football facilitation to help young people engage.

Appendix C: Survey methodology

1. Survey design

A participatory approach was used to design the survey. Researchers from The Young Foundation led on the co-ordination and design, working alongside a small working group consisting of PAC Leads from across the different delivery partners. Survey topics were designed to build on research undertaken in the network's first set of research projects. YEF also contributed to the design of the survey.

The survey aimed to engage young people with lived experience of violence, defined as those who had been a victim, witness, or had perpetrated a violent crime. Specific areas of focus for the survey questionnaire were developed iteratively through meetings with the working group, drawing from their first research projects and with opportunities to feed into the wording of questions to support accessibility. This selected group of PAC Leads also tested the survey themselves, helping to further refine its design. The draft survey was then shared with all Delivery Partners during an online meeting, providing further opportunity to collect feedback before it was finalised.

For survey participants under the age of 16, they first needed their parent to complete questions around consent and demographics, before the young person could proceed with questions about their experience.

If you would like a copy of the survey script, please email us at research@youngfoundation.org and we can arrange for this to be sent to you.

2. Data collection

Each delivery partner organisation was provided with a survey questionnaire for their region. The surveys were then delivered by each team using a 'snowballing' sampling method, with each organisation utilising their existing social networks among young people locally and tapping into new networks to share it as far as possible. The delivery partners used a number of innovative methods to share the survey. This included engaging with schools,

sharing with other local partners working with young people, and providing small non-cash incentives (such as snacks) for young people to fill out the survey in locations such as shopping centres.

3. Data analysis

Initial analysis was conducted to identify which young people among the sample had lived experience of violence, generating descriptive statistics which were separated into two categories: the numbers of young people in the overall sample, and the numbers of those with lived experience of violence. Throughout the report, comparisons are made between these two groups.

Appendix D: Summary of social action projects

The table below presents full details of the individual social action projects undertaken by the PAC regional teams during 2024 and 2025.

Figure 13: A summary of the main social action activities each PAC team undertook.

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of social action projects
PAC South-west	Bristol – Robins Foundation, supported by EFL in the Community.	• Co-designed and developed booklets with young people to support young people in sharing their thoughts to help inform the design of Robin Foundation's new youth hub. • Developed PACopoly – a boardgame that informs young people about the activities they can access at the Robins Foundation. • Developing a toolkit that captures the approach they used to engage young people in developing their booklets, to support other organisations build-in more creative ways of listening to young people and make youth provisions better.
	Exeter – Exeter City Community Trust, supported by EFL in the Community.	• Developed an interactive provision map, highlighting activities and support services available to young people across Exeter. • Designed a 'Trusted Adult Workshop' to be delivered to members of the Safer Devon Network, helping teaching assistants, learning coaches and social workers recognise and understand their role as a trusted adult and how they can best support young people.

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of social action projects
		• Working closely with Devon County Council to set-up a youth panel as part of the Safer Devon Network.
PAC Yorkshire	Bradford – Bradford City Community Foundation, supported by EFL in the Community.	• Led on a successful national campaign that supported young people to feel safer on the nation's railways through making it easier to report safety concerns. Working alongside mobile operators, charges for repeat reports to a dedicated text service around raising live concerns were dropped. • Developed an interactive map, detailing positive activities, support services and other provisions available to young people across each ward of Bradford. • Produced a Peer Action Collective Toolkit, documenting their approach to peer research and social action, with a view to supporting other organisations to meaningfully engage young people in shaping safer, more supportive communities. • Worked with First Buses to create a youth forum. During this process, Bradford PAC created a youth forum toolkit, documenting how they developed the forum with a view to supporting other organisations to set up their own. • Collaborated with Sounds of Change to deliver workshops on mental health, problematic substance use, and resilience in secondary schools.
	Hull – Tigers Trust, supported by EFL in the Community.	• Created their own Youth Voice Group which now forms part of Tigers Trust in the Community. Whilst doing so, they captured their approach in the form of a youth voice toolkit, documenting their top-tips, giving examples of good practice and what's worked for them.

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of social action projects
		• Created a youth room toolkit, capturing the approach they used to bring young voice into the design of their youth space, with a view to supporting other organisations do the same.

PAC North-east	Gateshead – NE Youth.	• Worked with the Violence Reduction Unit to:
		  ○ Support the development of their Youth Ambassadors programme and associated training.
		  ○ Decided how more than £10,000 of grants were distributed.
		• Codesigned, developed and launched Explore More, Do, More, Gateshead in partnership with Gateshead Council - an online directory of youth services in Gateshead.
		• Raised the profile of youth voice through a presentation at Civil Service Live and delivered an event in Parliament to North-east MPs to share their research findings.
		• Took part in a workshop with policymakers from the Department of Education to feed into the ongoing PSHE review.
		• Co-authored a submission of evidence around misogyny and the influence of the manosphere to the Women's and Equality Select Committee
		• Developed a youth voice toolkit, showcasing principles and practices that support good youth voice and providing a practical framework to supports professionals in empowering young people in meaningful, authentic ways.

	Middlesbrough – Youth Focus North East.	• Developed a PSHE framework, delivery guide and an accompanying workbook (equipped with session plans, resources and Q-cards for signposting) to improve PSHE provision in schools and support those teaching and other adults working in schools, to build structures for deeper listening to young people.

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of social action projects
		• Took part in a workshop with policymakers from the Department of Education to feed into the ongoing PSHE review.
PAC Lancashire	Preston, Leyland, Blackburn, Darwen, Hyndburn, Pendle, Burnley, Nelson & Colne – Child Action Northwest, Inclusive North and Blackburn with Darwen Healthy Living.	• Developed a connected set of games that centre around 'play to prompt discussion', helping to build relationships between students and teachers, and prompt conversation and collaborative action around the improvement of behaviour and wellbeing support in schools. • Have taken early steps to support the development of a new youth-led organisation.
PAC Birmingham	Birmingham – Bringing Hope.	• Raising awareness of the links between social media and violence affecting young people through interviews with the BBC and the Guardian. • Developing an interactive workshop aimed at young people to support them in navigating social media to avoid social media posts escalating real-world violence they are caught up in. • Contributed to a submission of evidence around youth violence and social media to the Youth Select Committee.
PAC Wales	Across Wales – Media Academy Cymru (MAC).	• Created a 'Trusted Adult Documentary' in partnership with the Wales Violence Prevention Unit (VPU), capturing what it means to be a trusted adult and the impact they have on the lives of young people. • Designed a 'Trusted Adult Walk' and an accompanying toolkit to support other organisations to host their own. The walk places adults into the shoes of young people, navigating daily challenges and how the presence, or absence, of a trusted adult, can shape a young person's life. • Working with the Office of the Police and Crime Commissioner (PCC) for North and South

PAC Delivery Partner regional team	Area and delivery organisation(s).	Summary of social action projects
		Wales to share learnings around how to meaningfully engage and collaborate with young people.
PAC London	Mostly in Haringey – The Peace Alliance and The McPin Foundation.	• Co-directed and developed XCLUDED – an interactive film (which can be paused for discussion and decision choice selection, impacting the next scene and the ending of the film), that: ○ Supports adults working in schools to be more aware and responsive to the challenges young people face that can lead to a school exclusion. ○ Encourages students to think about how they might better regulate their emotions to avoid a chain of events that may lead to an exclusion. • Developed The XCLUDED Interactive Workshop Toolkit, designed to accompany XCLUDED as a training aid to support discussion and encourage reflective practice amongst professionals working with young people. • Screened XCLUDED to the Department of Education and shared their research findings and work with the Minister for Children and Families, the Metropolitan Police, the Home Office, ITV news and various podcasts (including the Social Worker & The Mentor Podcast) to raise broader awareness of the film and the steps adults can play to better support children and young people.